

GENERATING REVENUE  
OPPORTUNITIES FOR  
*Women & Youth*  
IN THE WEST BANK

# Products Made with Love

GROW Project is generously funded by the Government of Canada and implemented by Cowater International, in partnership with Ministry of National Economy



**For more information:**

- 🌐 [www.grow.ps](http://www.grow.ps)
- 📍 5th Floor - Al Bardouni Building, Jaffa Street, Ramallah
- ☎ 02 - 295 1656
- ☎ 02 - 295 1658
- ✉ [info@grow.ps](mailto:info@grow.ps)

# Min dest Halhoul

Yusra Yousef shaheen




Raisin

Jam

Dairy

Anbiyea

 Hebron

 0599939883

 يسرى شاهين

# Al Baydar



## Dura Cooperative Association for Agricultural Production


Maftoul  
Makdoos


Cheese and Dairy  
Apple vinegar

Pickles  
Pastries

Grape products: Molasses - Malbban - Raisins - Blueberry - Grape vinegar

 Dura - Hebron

 0595198800

 جمعية دورا التعاونية للتصنيع الزراعي





# Rural Women's Association

## Warda Shtayyeh

Pickled cucumber  
Fresh juices (Lemon and khushkhash)  
Fig jam

All kinds of Pastries  
Labaneh balls

 Tal - Nablus

 0599436479

 Rural Women's Association





# Namleya min Zaman

Our grandparents' work

Produced by: Women's Cultural Association for Folklore



**Maftoul**  
1 KG : 12 ILS

**Cheese pies**  
7 ILS

**Maamoul with semolina,  
stuffed with pistachio**  
1 KG : 70 ILS

**Rosemary**  
1 KG : 100 ILS

**Thyme Pies**  
1 loaf : 10 ILS

**Zalabya**  
1 loaf : 7 ILS

**Maamoul with semolina  
stuffed with dates and walnuts**  
1 KG : 35 ILS

**Thyme - Humos - Sumac  
Burghul - Anise - Hilba  
Sesame - Qizha**

**Thyme and spinach pies**  
1 pie : 3 ILS

**Hilba Pie**  
1 loaf : 10 ILS

**Maamoul with flour,  
stuffed with dates**  
1 KG : 35 ILS

**Dried Fruit**

Jenin

0599789103-4 / 0595260101

نمليّة من زمان " شغل ستي وستك "

# The Pearl's Cake

Chef Um Suhaib and Chef Nour



Cake with different flavors  
Tart

Chocolate Mousse  
Petit Four

Cheese cake  
Biscuits

📍 Howara - Nablus

📌 جاتوه اللؤلؤة

📷 um.suhaib66

☎ 0598020011 / 0597493311



# Al Krosheh Shop

Gifts for Weddings and Other Events

Noor Al Yaqen Al Qasem



Jinen



متجر الكروشية



no80oralqasem



0597302078





# Yaabad's kitchen

Nemah/Um Mohammad Hamarsheh

Tabouleh

Msakhan

Maftool

Cake

Shesh-barak

Handmade Maamoul

Pastries

Qizha

Dairies and cheese

Qaraqish


Zalabyeh


Cooking meals on demand



Hilbeh

Kibbeh dough

Kibbeh

 Yaabad - Jenin

 0595719806

 تواصلني أم محمد صحة وعافية  
 أم محمد حمارشة

# Al Kharouba for Kibbeh & Maftoul



تاريخ الإنتاج:  
تاريخ الانتهاء:  
الوزن الصافي:  
صلاح لمدة 3 شهور من تاريخ الإنتاج

**الخروبة**  
منتجات ريفية  
الخروبة للكبة والمفتول  
منتجات طبيعية 100%  
أم الطيب جرادات  
جوال: 0595921798  
السيلة الحارثية / جنين



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Um Tayeb Jaradat

Kibbeh dough

Maftoul



*Yara Natural*  
red charcoal soap  
HAND CRAFTED ORGANIC SOAP



# Yara Naturals

Nisreen Abu Baker





# Abu Mujahid's Dairies



Rummana - Western  
Quarter - Jenin



0597471244



## Um Amro Khreishi's Kitchen

Traditional cooking and desserts





# Rustic Touches

Ma'ale Shafee Matahen



## Maamoul

Prices depend on type of filling

## Cake

1 KG : 35 ILS

## Fatot With Cheese

3 Pieces : 10 ILS

## Fatot without cheese

1 Piece : 3 ILS

## Pastries

1 Piece : 3 ILS



Jenin camp



0569364535



لمسات ريفية





للمنتجات الطبيعية

# Al Nukhba for Natural Products

Mariam Younes




Thyme

Makdous

Sweets (cake, Maamoul)

Olives

Cosmetic soap &  
olive oil soap

 Bala'a - Tulkarm

 AlNukhba for natural products

 0592955800



# Al-Reef Pickles



Meitaloun - Jenin



Al Reef Pickles



0597-776-696

- Pickled green olives without preservatives
- Pickled cucumber
- Pickled black olives with olive oil
- Stuffed olives



# Al Jenan Sweets

Lina Alwawi

A variety of western desserts

All kinds of cakes

Cheese Cupcakes with different flavors

 Bal'a - Tulkarem

 0595099190



# Cheese & Dairy

Fareeda Hammour



**1 Carton of yogurt**  
8 Shekels



**1 Kilo of cheese**  
22 Shekels



**1 Kilo of Labaneh**  
25 Shekels



Jabaa - Jenin



0594336749



Produced by  
Fatima Abu Bakr

# Al-Labadi Honey

Natural honey from Palestinians plains and mountains'

Honey (citrus - herbs - morrar - avocado - anise - sidr)

Royal bee jelly

Pollens

Bee-wax cream

 Tulkarem

 059 491 9240

# Ghurbeh kitchen



## Ghurbeh (Hussnia) Tahayneh

Thyme

Makdoos

Maamoul

Pastries

Traditional Sweets

Meals prepared  
on demand

📍 Silat Al Harthiya-Jenin

☎ 0568715843

📷 grbhthynh

🍷 مطبخ غربة





# Um Iyad's Bee hives



Nablus



0597838325

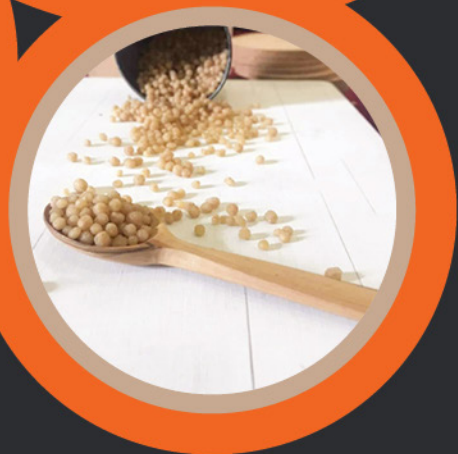


مناحل أم أياد الجاغوب

Afaf Hamdan Shamsa

**Honey: 250 g - 0.5 KG - 1 KG**

**1 KG: 100 ₪**



Aziza Al-Hoor

# Lokma Haneya

Dahdah

Hareesa

Hilbeh

Maftoul

Maamoul

Zaatar


Cheese cake


Gateaux

Hareesa with Cream

 Hebron

 0595545512

 loqma\_7ania

 لقمة هنية

# Al-Jawaya Dairy



Laban Jameed



White cheese



Ghee

📍 Yatta | ☎ 0598757373



# Al Baraka Products

for popular foods and pickles



Suhair Mashaki

Milled olives  
Grape leaves

Makdoos  
Labneh balls

Thyme  
Olive

Pepper salad  
Minced eggplant

 Nablus

 0592-839-649

 البركة للأكلات الشعبية والمخللات




## Al-Sanabel Project




Samaher Mohamed Fakh

Pastries | Kibbeh | Maftoul | Freekeh | Mulukhiyah | Pickles

 Ramallah

 0595162415

 مشروع السنابل






# Our home's cooking & sweets


Salma Said

Maamoul  
Makrouta

Pastries  
Kullaj

kibbeh  
Ghraybeh  
Upon order

 Anabta – Tulkarm

 0599299243

 Salma Said





# Intaji

(My Production)

For birthday cakes

 Kobar - Ramallah

 إنتاجي

 2ntaji



Zahia Awad: 0568504828 / 0598504828  
Mohammad Awad: 0568487064 / 0597487064

# Honey from the Holyland



Zahwa Abu Morra

Medicinal soaps

Creams

Different mixtures of honey

 Ramallah

 0599123275

 zhwbwmr

 زهوة أبو مرة



# Hala's Chocolate

Healthy chocolate

Regular chocolate

Cheese cake

Cake

Tart



 Ramallah

 0569294295

 hala\_chocolate\_h

 Hala chocolate\_حلا شوكليت





Rawan Nayef Qarga

## Khayrat Karmi

Malban  
1 KG : 40 ILS


Sumac grains  
1 KG : 30 ILS


Raisins  
1 KG : 30 ILS


Molasses  
1 KG : 35 ILS

Grinded Sumac  
1 KG : 70 ILS

Blueberry  
1 KG : 30 ILS

 Hebron

 0569963889

 خيرات كرمي



# Green Kitchen



## Healthy salads



**Delivery is available**

Raneen Dandis & Deema Niroukh



Hebron



0592233733



green.kitchen96



## Silwad Women's Charitable Society

Pastries

Malatit (sugar and wheat flour)

All kinds of pickles

Olive

Thyme



Silwad - Ramallah



جمعية سيدات سلواد-مركز سلواد للتأهيل



02-2890992



0595313871





**Al Khadir Women's  
Association**

# **Grape Products & Freezing grape leaves**

Grape molasses | Grape leaves

# Al-Iman Dates

Dates stuffed with nuts and covered with chocolate



 Ramallah

 0599102497

 تمور الايمان



# The Brothers' farm



Yogurt | Milk | Labneh



# Um Youssef's Desserts

Um Youssef Amarna



Ghraiba 1 KG : 20 ILS

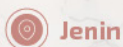
Cinnabon 1 KG : 20 ILS

Cake : 15 ILS

Croissant 1 KG : 25 ILS

Hilbeh 1 KG : 20 ILS

Clage 7 KG : 80 ILS



# Chef Um Abdullah's kitchen



Maamoul



Pastries



Chocolate



Burin - Nablus



mrn.mbdllh



0598207835



ام عبدالله عمران



Chef Umm Abdullah Imran

# Celine's Kitchen & Desserts



I'temad Al-Aswad



Petit Four

Croissant

Ghraiba

Cake

Chocolate

Al Asawer cake

Maamoul

Hareesa with hilba

Pastries with zaatar

Maftoul



 Tulkarem

 0598843699

 ENT\_1978

 حلويات سيلين Seleen Sweets





# Beekeepers

Izdehar Ahmed Hammour



Jenin



0597464055

1 KG : 100 ILS



# Entrepreneurs Diretna



**Pastries**  
1 piece: 1 ₪ , 1 Kilo: 30 ₪

**Sheep labneh**  
1 kilo: 30 ₪

**Makdoos**  
1 Kilo: 30 ₪

**Maamoul**  
1 Kilo : 35 ₪

**Plants**

**Soap and creams**

**Eastern and western sweet**  
Cake: 70 ₪, 1 Kilo: 30 ₪

**Pickles**  
1.5 liter: 15 ₪, 1 liter: 12 ₪

**Zaatar**  
250 g: 12 ₪

**Honey**  
1 Kilo : 100 ₪

**Embroidery**

**Carob**

**Pastries**  
1 piece: 5 ₪

**Ice cream**  
1 piece: 15 ₪

**Mulukhiyah**  
1.5 liter: 15 ₪

**Rosemary**  
250 g: 10 ₪

**Handmade Straws**

**Western desserts**

**Traditional frozen foods**